Overview

About 1.8 million people (18 percent of the population analysed) experienced high levels of acute food insecurity, classified in IPC Phase 3 or above (Crisis or worse) between December 2023 and February 2024, including approximately 1.7 million people in IPC Phase 3 (Crisis). Urgent action is needed to protect lives and reduce food consumption gaps.

Of the 19 areas analysed (18 departments and the central district), six were classified in Phase 3, including Gracias a Dios, Lempira, Yoro, Choluteca, La Paz and Santa Bárbara. The remaining departments were classified in IPC Phase 2 (Stressed). The departments with the highest levels of food insecurity were Gracias a Dios (48 percent), Lempira and Yoro (both 26 percent), while areas with the highest levels of food insecurity were Cortés (including El Progreso) with around 340,000 people, Central District (201,000 people) and Yoro (128,000 people).

Low income, coupled with high food prices is putting pressure on the poorest households – reducing their purchasing power and driving food insecurity. Additionally, the unemployment rate in the country is high, with 57.3 percent of the workforce unemployed or underemployed (due to insufficient work time or income).

Although humanitarian food aid has been provided by the state and aid agencies to the most affected populations, it still falls short of the minimum 25 percent of food energy required by IPC protocols to be considered sufficient.

In the first projected period (March to May 2024), the situation remains similar to the current period, with a slight increase in the population classified in IPC Phase 3 or above (1.8 million). The six departments classified in Phase 3 for this period are expected to maintain the same classification, with the exception of Santa Bárbara, which will move to Phase 2, and Intibucá, which will move to Phase 3. Although in most areas the classification does not change, the proportion of the population in IPC phase 3 or above tends to increase.

The situation is expected to deteriorate in the second projection period (June to August 2024) in line with the seasonal hunger period. Nearly 1.9 million people (19 percent of the population analysed) are projected to be in IPC Phase 3 or above, including 226,000 people in Phase 4. In addition to the six departments classified in Phase 3 in the first projection, the departments of Chilanó, El Paraíso and Valle will also likely move to Phase 3.